

PARENTS GUIDE TO A SUCCESSFUL SCHOOL YEAR

The start of school can be truly a transition for both parent and child. The following suggestions can make this a truly successful school year for your child(ren).

- Put priorities on the calendar, such as study time and school events. Have each of your children write, on their own calendar, their weeks and months activities. If needed, set daily times and have your child complete their daily activities, using the daily log, hour by hour.
- Stay **nearby** while your child does homework. Allow children to explain the directions. Do not explain to your child the directions. If needed, assist them in understanding the directions. Be supportive in empowering your child toward age appropriate independence.
- Create routines. Include on your child's schedule a time for exercise, visitation of the library. Checking books out on a weekly or monthly basis. Have them read relaxing books before they retire for the evening. Sign them up for sport teams. This will afford them the opportunity to learn to work as a team player. Have the family sit down together at the dinner table to communicate on a daily basis.
- Schedule time to talk to your child, on a daily basis, about school. If needed, problem solve with them by reflecting their problem in assisting them toward a solution.
- Keep in touch with the teacher. Attend parent-teacher conferences. Ask for clarification and insight from the teacher when your child has a problem.
- Set goals and objectives for the school year with your child. Be consistent. Use a daily and weekly schedule that works in accomplishing these individual goals and objectives.

Make it a successful school year!

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